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# Effect of hydrogen-peroxide-mediated oxidative stress on human dental pulp cells

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## ABSTRACT

**Objectives:** To evaluate the effect of the oxidative stress on human dental pulp cells (HDPCs) promoted by toxic concentrations of hydrogen peroxide ( $H_2O_2$ ) on its odontoblastic differentiation capability through time.

**Methods:** HDPCs were exposed to two different concentrations of  $H_2O_2$  (0.1 and 0.3  $\mu g/ml$ ) for 30 min. Thereafter, cell viability (MTT assay) and oxidative stress generation ( $H_2DCFDA$  fluorescence assay) were immediately evaluated. Data were compared with those for alkaline phosphatase (ALP) activity (thymolphthalein assay) and mineralized nodule deposition (alizarin red) by HDPCs cultured for 7 days in osteogenic medium.

**Results:** A significant reduction in cell viability and oxidative stress generation occurred in the  $H_2O_2$ -treated cells when compared with negative controls (no treatment), in a concentration-dependent fashion. Seven days after  $H_2O_2$  treatment, the cells showed significant reduction in ALP activity compared with negative control and no mineralized nodule deposition.

**Conclusion:** Both concentrations of  $H_2O_2$  were toxic to the cells, causing intense cellular oxidative stress, which interfered with the odontogenic differentiation capability of the HDPCs.

**Clinical significance:** The intense oxidative stress on HDPCs mediated by  $H_2O_2$  at toxic concentrations promotes intense reduction on odontoblastic differentiation capability in a 7-day evaluation period, which may alter the initial pulp healing capability in the in vivo situation.

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## 1. Introduction

Dental pulp is a highly specialized connective tissue almost completely enclosed by dentine, which is deposited by odontoblasts. These long-lived pulp cells are organized in a layer at the dentine-pulp interface, where a continuous collagen-rich dentine matrix is maintained for the entire life of the tooth.<sup>1</sup> It is known that the pulp-dentine complex responds to external pathological stimuli through deposition and mineralization of tertiary dentin.<sup>2</sup> Following relatively mild tooth injury, odontoblasts are up-regulated to secrete and mineralize a tubular reactionary dentine. The main objectives of this process are to: (1) keep the pulp tissue away from noxious stimuli; and (2) reduce the diffusion of toxic components released from dental materials or microorganisms into the pulp space, thus protecting the underlying cells and maintaining pulp vitality.<sup>3</sup> However, high-intensity injury can kill odontoblasts, compromising the homeostasis and vitality of the pulp-dentine complex. In this specific situation, dental pulp stem cells found on pulp tissue are recruited, then differentiated into odontoblast-like cells able to secrete and mineralize the underlying reparative dentine matrix.<sup>4</sup> Previous studies have demonstrated that, in addition to causing toxic effects to odontoblasts,<sup>5</sup> components released from dental materials can also inhibit the odontoblastic differentiation of pulp stem cells.<sup>6,7</sup> In clinical circumstances, this inhibitory effect may interfere with pulp healing and cause persistent inflammatory reactions as well as inner dentine resorption.<sup>8,9</sup>

Several *in vitro* and *in vivo* studies have demonstrated that professional tooth bleaching, an aesthetic procedure widely performed in clinical offices, causes intense damage to pulp cells.<sup>10–15</sup> This kind of operative procedure is based on the oxidative action of hydrogen peroxide ( $H_2O_2$ ) in the organic phase of dentine. However, it is known that  $H_2O_2$  can diffuse through enamel and dentine to gain access to pulp space only a few minutes after the application of the bleaching gel to the tooth surface.<sup>16,17</sup> In a current study, Soares et al.<sup>15</sup> demonstrated that high concentrations of  $H_2O_2$  can cause oxidative stress to human dental pulp cells (HDPCs), interfering with the proliferative capacity of this cell type in short-term evaluations. However, the effects of this oxidative molecule on the odontogenic differentiation ability of HDPCs, are unclear. Therefore, the aim of the present study was to evaluate the effects of the oxidative stress generated by different concentrations of  $H_2O_2$  on HDPCs odontoblastic differentiation.

## 2. Materials and methods

### 2.1. Cell culture

HDPCs were obtained by enzymatic digestion of pulp tissue from freshly impacted third molar surgically extracted and donated by a young patient (Proc. no. 13/11; Ethics Committee of Araraquara School of Dentistry, SP, Brazil). The pulp tissue was incubated with type II collagenase (200 units/ml; Worthington Biochemical Corporation, Lakewood, NJ, USA) for 24 h at 37 °C and 5%  $CO_2$ . Thereafter, the cells were

subcultured in complete DMEM (Dulbecco's Modified Eagle Medium; supplemented with 100 IU/ml penicillin, 100  $\mu$ g/ml streptomycin, 2 mmol/l glutamine; Gibco, Grand Island, NY, USA) and 10% heat-inactivated FBS (Foetal Bovine Serum; Gibco). Cells at passage #3 were used in this experiment.<sup>18</sup> For experimental analysis, the cells were seeded on 24-well plates to 80% confluence (60,000 cells/well; 24 h).

### 2.2. Experimental procedure

To simulate a professional tooth bleaching treatment in which a bleaching agent is applied on enamel for 30 min,<sup>10</sup> in this study the HDPCs were exposed for the same time (30 min at 37 °C and 5%  $CO_2$ ) to solutions containing 0.1  $\mu$ g/ml and 0.3  $\mu$ g/ml of  $H_2O_2$  (Labsinth, Diadema, SP, Brazil) diluted in fresh DMEM (without FBS). The concentrations of  $H_2O_2$  used in this study were based on a previous investigation in which the authors observed that the HDPCs had its viability significantly reduced immediately after exposure (65–83%); however, the remaining cells exhibited short-term proliferative capability,<sup>15</sup> allowing for long-term analysis of odontoblastic differentiation. Fresh DMEM was used in negative control. Immediately after cell contact with the  $H_2O_2$  solutions, the viability (MTT assay) and oxidative stress ( $H_2DCFDA$  fluorescence assay) were assessed. For odontoblastic differentiation analysis, the cells were incubated in complete osteogenic medium (DMEM + heat-inactivated FBS supplemented with 10 nmol/l  $\beta$ -glycerolphosphate and 50  $\mu$ g/ml sodium ascorbate; Sigma) for 7 days (the medium was changed daily). Thereafter, ALP activity (thymolphthalein assay) and mineralized nodule deposition (alizarin red) were analyzed.

### 2.3. MTT assay

Immediately after the contact time, the culture medium was aspirated, the cell washed with 1 ml of PBS, and then the cells ( $n = 6$ ) were incubated with MTT solution (5 mg/ml; Sigma), diluted in DMEM (1:10), at 37 °C and 5%  $CO_2$  for 4 h. Next, the formazan crystals formed in the viable cells were dissolved in acidified isopropanol, and the absorbance was measured in an ELISA reader at 570 nm (Tp Reader, Thermoplate, Nanshan District, Shenzhen, China). The mean absorbance value of the negative control group was considered 100% of cell viability, and the percentage cell viability for each experimental group was calculated based on this parameter.

### 2.4. $H_2DCFDA$ assay

Oxidative stress was measured immediately after the contact with the test solutions by means of a cell-permeant fluorescence probe, 2',7'-dichlorodihydrofluorescein diacetate ( $H_2DCFDA$ ) (Life Technologies, San Francisco, CA, USA) ( $n = 6$ ). The cells were incubated at 37 °C and 5%  $CO_2$  with 5  $\mu$ M  $H_2DCFDA$  for 30 min prior to incubation with the  $H_2O_2$  solutions. Immediately after contact with  $H_2O_2$ , the culture medium was aspirated and cells washed with PBS (1 ml), in order to remove dead cells detached from the bottom of the well. The cells were then analyzed by fluorescence microscopy with the FITC filter. Images of 4 fields from each sample were captured, and the percentages of cells with positive fluorescence related to the

total of cells counted in the bright field were calculated. The average value of each well was used for statistical analysis.

### 2.5. Thymolphthalein assay

After 7-day incubation in osteogenic culture medium, cell lysis was performed (0.1% sodium lauryl sulfate; Sigma), and an aliquot was transferred to tubes containing the thymolphthalein monophosphate substrate at 37 °C. After reaction with ALP, released thymolphthalein acquired a purple colour in the presence of sodium carbonate and sodium hydroxide (End point assay; Labtest, Lagoa Santa, MG, Brazil), and absorbance was read at a 590-nm wavelength with the ELISA microplate reader, and converted into U/l by means of a standard curve with known amounts of ALP. Total protein dosage was performed for normalization of ALP, as previously described,<sup>19–21</sup> and absorbance was measured at a 655-nm wavelength with the ELISA microplate reader. The absorbance value obtained was converted into mg/l by a standard protein curve. The final value of ALP was normalized by total protein data, and the ALP activity (U/mg of protein) was transformed into a percentage with the mean value of negative control considered as presenting 100% of ALP activity.

### 2.6. Alizarin red staining

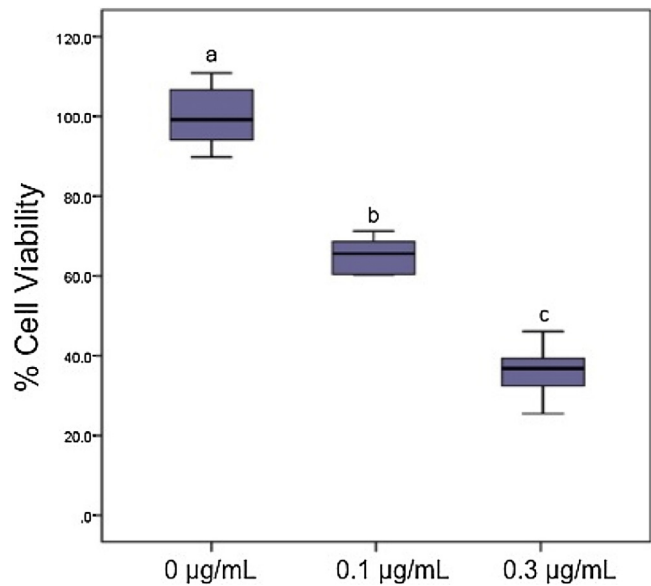
After 7-day incubation, the cells were washed with PBS, fixed in cold 70% ethanol, and then stained with alizarin red dye (40 mM, pH 4.2; Sigma) for 20 min with shaking (VDR Shaker, Biomixer, Ribeirão Preto, SP, Brazil). After aspiration of unincorporated dye, the cells were washed twice with deionized water for the removal of excess stain, and representative images from each group were taken by light microscopy (Olympus BX51, Olympus, Miami, FL, USA). The mineralized nodules were solubilized in 10% cetylpyridinium chloride (Sigma), and absorbance was measured at 570 nm (ELISA microplate reader). The percentage of mineralized nodule deposition was calculated based on the mean value of the control group, which was considered as presenting 100% of staining.

### 2.7. Statistical analysis

To verify the reproducibility of data, two independent experiments for all protocols in this study were performed. Thereafter, data were compiled and subjected to Shapiro-Wilks' and Levene's test for verification of normality and homoscedasticity, respectively. Since data were not normally distributed, they were first subjected to the Kruskal-Wallis test for comparison among the three groups. In the event of a statistical significance, the Mann-Whitney test was then applied to determine which groups were significantly different from each other ( $p \leq 0.05$ ).

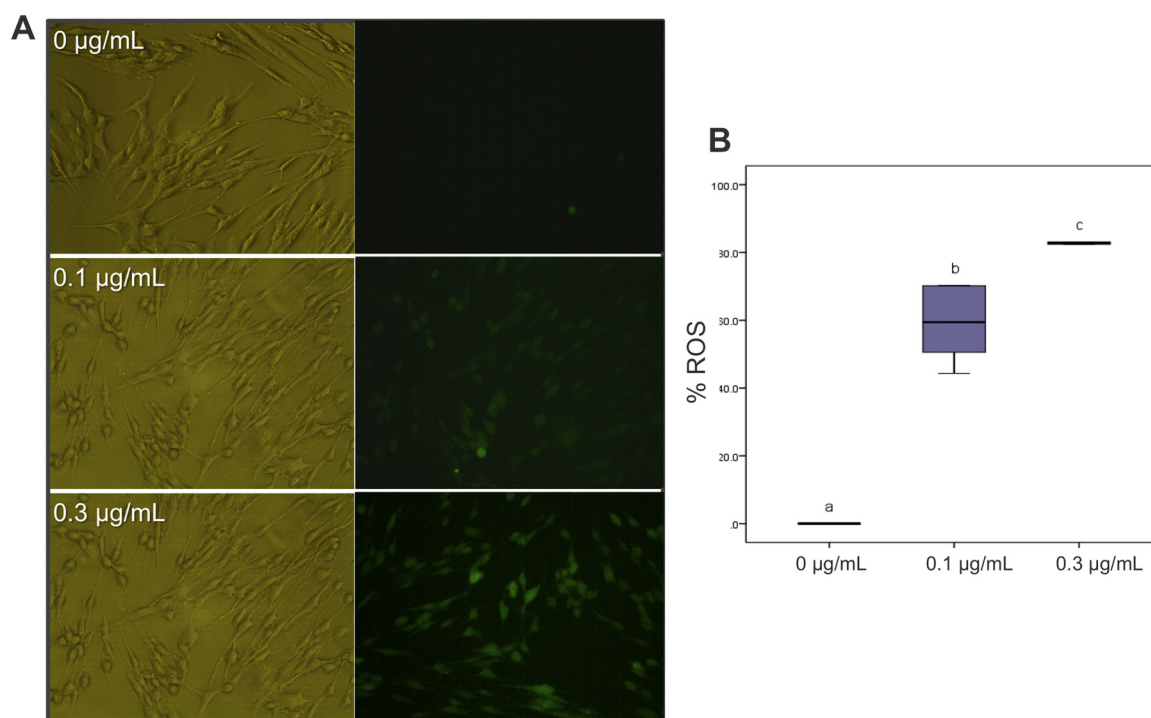
## 3. Results

The results of cell viability are presented in Fig. 1. We observed a significant immediate decrease in cell viability, proportional to the concentration of  $H_2O_2$  applied in contact with HDPCs.



**Fig. 1 – Box-whisker plot of MTT assay.** Vertical axis represents percentage of cell viability, which represents the mixed culture of pulp cells containing a subpopulation of HDPCs, and horizontal axis represents the concentrations of  $H_2O_2$  in experimental groups. Upper and lower limits of boxes represent, respectively, the 25th and 75th percentiles, and the horizontal line represents the median. Upper and lower lines indicate the maximum and minimum values, respectively. Since groups were not statistically similar (Kruskal-Wallis,  $p < 0.05$ ), pairwise comparison is indicated by letters. Groups identified by distinct letters are statistically different (Mann-Whitney,  $p < 0.05$ ).

Significant reduction of about 34.4% and 63% in cell viability ( $p \leq 0.05$ ) was observed for 0.1  $\mu\text{g/mL}$  and 0.3  $\mu\text{g/mL}$   $H_2O_2$  solutions, respectively. The number of cells under oxidative stress significantly different from negative control ( $p \leq 0.05$ ), and was also proportional to the  $H_2O_2$  concentration in the solution (Fig. 2B). No fluorescence was observed in cells of the negative control, whereas 59.4% and 82.8% of cells showed positive fluorescence for the  $H_2DCFDA$  probe after contact with the 0.1 and 0.3  $\mu\text{g/mL}$   $H_2O_2$  solutions, respectively. In the images obtained by fluorescence microscopy (Fig. 2A), we observed that the intensity of fluorescence in the cells was also proportional to the  $H_2O_2$  concentration in the solutions. Significant reductions ( $p \leq 0.05$ ) in ALP activity occurred when the cells were exposed to 0.1  $\mu\text{g/mL}$  (82.2%) and 0.3  $\mu\text{g/mL}$  (89.9%) of  $H_2O_2$ , compared with negative controls (Fig. 3C). The percentage of alizarin red staining was strongly reduced ( $p \leq 0.05$ ) in  $H_2O_2$ -treated groups in comparison with negative controls. With the negative controls considered as presenting 100% of positive stain, the alizarin red staining in the HDPCs was reduced by 93% and 95% when they were exposed to 0.3  $\mu\text{g/mL}$  and 0.1  $\mu\text{g/mL}$   $H_2O_2$  solutions, respectively (Fig. 3B). The images obtained by light microscopy revealed the presence of mineralized nodules in the negative control group only (Fig. 3A).



**Fig. 2 – H<sub>2</sub>DCFDA assay. (A)** Images obtained by fluorescence microscopy of HDPCs stained with H<sub>2</sub>DCFDA (20×) for each H<sub>2</sub>O<sub>2</sub> concentration tested. For each group, the left image represents the bright field and the right image is the same area under fluorescence. Cells with positive stain for H<sub>2</sub>DCFDA are marked in green, indicating that they are under oxidative stress. **(B)** Box-whisker plot of ROS percentage. Since groups were not statistically similar (Kruskal-Wallis,  $p < 0.05$ ), pairwise comparison is indicated by letters. Groups identified by distinct letters are statistically different (Mann-Whitney,  $p < 0.05$ ).

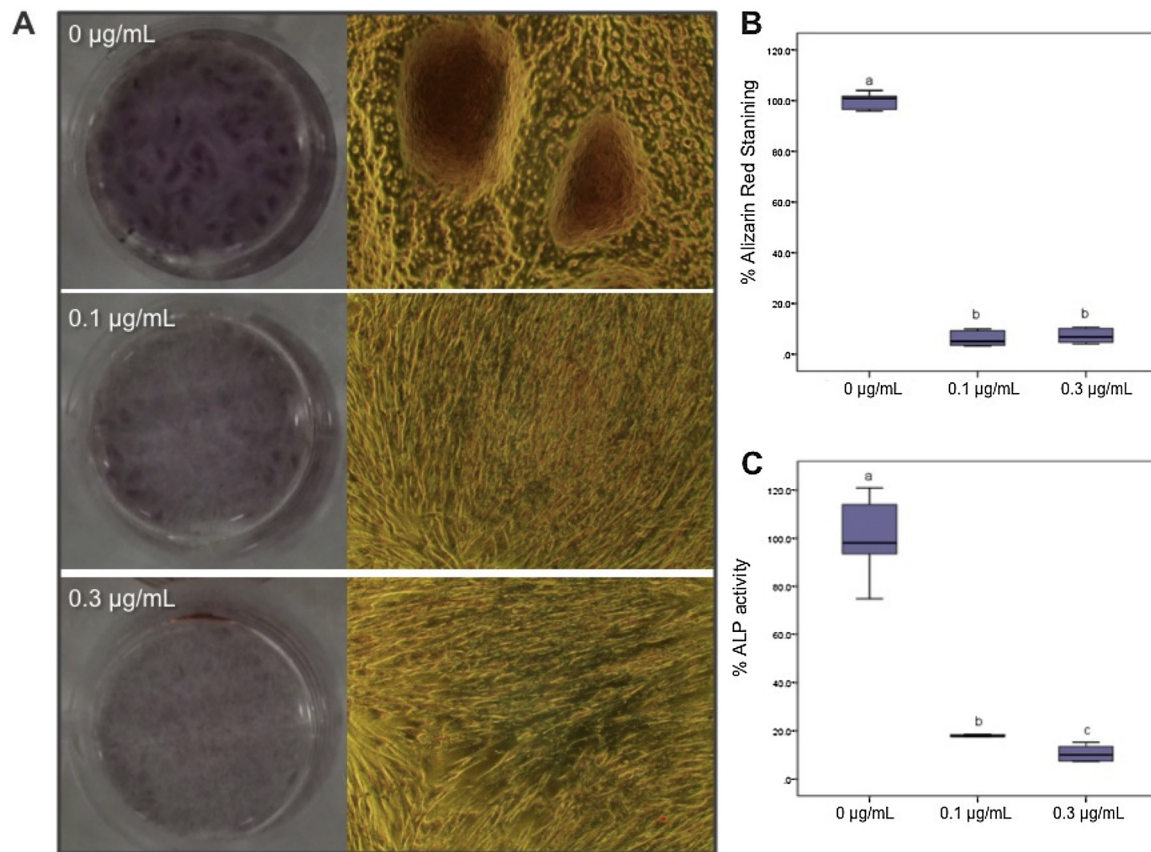
#### 4. Discussion

In the present investigation, the long-term effect of H<sub>2</sub>O<sub>2</sub> mediating cytotoxicity on the HDPCs regenerative potential through time was assessed. It is known that dental pulp stem cells are essential for the homeostasis of pulp-dentine complex, especially in clinical situations in which the odontoblasts are killed by toxic components capable of diffusing across dentine to reach the pulpal space. Then, stem cells from the Howl's layer are recruited to differentiate into odontoblast-like cells which perform the deposition and mineralization of collagen-rich dentine matrix.<sup>2</sup> However, previous *in vivo* studies carried out in lower human incisors demonstrated that both odontoblasts and pulpal stem cells are negatively affected by in-office tooth bleaching therapy.<sup>10,11</sup> *In vitro* studies using extracted human incisors and third molars showed that an amount of 0.1–0.6 µg/ml of H<sub>2</sub>O<sub>2</sub> can reach the pulp chamber after applying bleaching gels with high concentrations of H<sub>2</sub>O<sub>2</sub> on enamel.<sup>16,17</sup> Additionally, it was reported that the amount of H<sub>2</sub>O<sub>2</sub> capable of diffusing through enamel/dentine discs simulating the thickness of human maxillary incisors (3.5 mm) causes toxicity to odontoblast-like cells and human dental pulp cells. The intensity of this toxic effect is proportional to the H<sub>2</sub>O<sub>2</sub> concentration in contact with cells.<sup>13–15</sup> On the other hand, HDPCs exposed to 0.1–0.3 µg/ml

of H<sub>2</sub>O<sub>2</sub> were able to proliferate significantly 3 days thereafter.<sup>15</sup> Therefore, the odontoblastic differentiation and mineralization potential of HDPCs, which are directly related with the regenerative potential of pulp tissue, were assessed in this study.

It was determined, as expected, that the reduction in HDPCs viability was H<sub>2</sub>O<sub>2</sub>-concentration-dependent. Fluorescence analysis with the H<sub>2</sub>DCFDA probe demonstrated that the remaining cells were under oxidative stress. The intensity of the oxidative stress was also directly related to the concentration of H<sub>2</sub>O<sub>2</sub> in contact with cells. The H<sub>2</sub>O<sub>2</sub>-mediated reduction in pulp cell viability has been related to two basic mechanisms: (1) the direct contact of H<sub>2</sub>O<sub>2</sub> by-products with cell membranes, causing disruption and, consequently, cell death; and (2) the induction of oxidative stress conditions due to H<sub>2</sub>O<sub>2</sub> diffusion through cell membranes.<sup>15,22,23</sup> In the physiological state, a balance exists between the production of ROS (reactive oxygen species) and their neutralization by antioxidant systems. Oxidative stress occurs when this balance is disturbed. Depending on the intensity of the oxidative stress, the cell components undergo severe oxidative damage, ultimately compromising cell viability. It has been reported that the ROS accumulated during oxidative stress are transient due to their high reactivity, leading to oxidative damage of indispensable biomolecules such as proteins, lipids, and nucleic acids.<sup>22,24</sup>





**Fig. 3 – Alizarin red assay. (A)** Panel of mineralized nodule deposition for each H<sub>2</sub>O<sub>2</sub> concentration tested. For each group, the left image represents a digital photograph of the well, and at right is a light-microscopic (40×) image from a representative area of the well. Absence of nodule deposition was observed for the H<sub>2</sub>O<sub>2</sub>-treated groups. **(B, C)** Box-whisker plot of alizarin red and ALP activity percentage, respectively. Since groups were not statistically similar (Kruskal–Wallis,  $p < 0.05$ ), pairwise comparison is indicated by letters. Groups identified by distinct letters are statistically different (Mann–Whitney,  $p < 0.05$ ).

Numerous studies have demonstrated that HDPCs are highly sensitive to H<sub>2</sub>O<sub>2</sub> damage. The same amount of H<sub>2</sub>O<sub>2</sub> able to reduce almost 100% of the viability of cultured HDPCs causes no significant reduction in the viability of osteoblasts, fibroblasts, and odontoblast-like cells.<sup>13,15,25–27</sup> This result seems to be associated with a more intense oxidative stress generated in human pulp cells in comparison with other cell lineages.<sup>15,27</sup> In the present study, treatment of HDPCs with 0.1 and 0.3 µg/ml H<sub>2</sub>O<sub>2</sub> significantly affected the expression of odontoblastic markers. This result was related to the intense oxidative stress generated immediately after H<sub>2</sub>O<sub>2</sub> came into contact with cultured cells. Alkaline phosphatase (ALP) is involved with the initial phase of dentine matrix biomineralization. According to Goldberg et al.,<sup>1</sup> ALP promotes dephosphorylation of extracellular matrix proteins, providing inorganic phosphate. In the present study, the HDPCs of the control group showed ALP activity and deposition of mineralized nodules after 7-day incubation. These data are in agreement with those from a previous study by Zanini et al.,<sup>28</sup> who observed ALP activity during the odontoblast maturation process associated with secretory activity. Conversely, cells in contact with H<sub>2</sub>O<sub>2</sub> presented dramatic reductions in ALP activity and the absence of mineralization

nodule deposition. Thus, one can conclude that toxic concentrations of H<sub>2</sub>O<sub>2</sub> in contact with pulp cells for a relatively short-term period (30 min) can drastically alter the phenotypic characteristic related to the odontoblastic differentiation and deposition of mineralized matrix. A recent study also demonstrated that exposition of pulp cells to H<sub>2</sub>O<sub>2</sub> for long periods (12 days) resulted in intense oxidative stress generation associated to low cell viability, down expression of antioxidant molecules and odontogenic markers, impairing the odontoblastic differentiation.<sup>29</sup>

However, in the present investigation, odontoblastic differentiation capability was evaluated over a 7-day period. Some in vitro studies have demonstrated that numerous cells are required for biomineralization.<sup>28,30</sup> Therefore, since reduced numbers of cultured HDPCs remained viable in the wells immediately after contact with H<sub>2</sub>O<sub>2</sub> solutions, one can speculate that longer periods of incubation would be necessary for the cells to reach confluence and deposit mineralized matrix, as observed in the negative control group. Additionally, in spite of the reduction in ALP activity compared with that of the negative controls, the HDPCs still maintained this activity after 7-day exposure to H<sub>2</sub>O<sub>2</sub> solutions. The potential of human pulp cells exposed to similar concentrations of H<sub>2</sub>O<sub>2</sub>

to overcome oxidative stress and proliferate after 72-h exposure was recently demonstrated by Soares et al.<sup>15</sup> The authors also demonstrated that pulp cells exposed to H<sub>2</sub>O<sub>2</sub> presented immediate morphological alterations, which was recovered with time. Therefore, one may speculate that pulp cells not lethally damaged by H<sub>2</sub>O<sub>2</sub> have an inherent ability to regulate oxidative stress, recovering their viability and functions over time. However, in spite of pulp cells can recover from damage caused by oxidative stress and proliferate 3 days after H<sub>2</sub>O<sub>2</sub> exposure,<sup>15</sup> it was demonstrated in the present investigation that the regenerative potential of these cells is significantly altered even 7 days later. Therefore, it may be suggested that longer periods than used in the study are necessary to determine if pulp cells can definitively recover from damage caused by toxic concentrations of H<sub>2</sub>O<sub>2</sub>. However, this is a specific focus for future studies.

Depending on the intensity of immune cell recruitment during inflammation, intense tissue damage may take place, since these cells release proteolytic enzymes such as metalloproteinases, which break down the extracellular matrix components and cellular contacts.<sup>31</sup> This histological event, characterized by inflammatory reactions associated with partial tissue necrosis and the absence of tertiary dentine deposition, was also reported by de Souza Costa et al.<sup>10</sup> after applying a bleaching gel with a high concentration of H<sub>2</sub>O<sub>2</sub> to human sound teeth. According to Cooper et al.,<sup>31</sup> there is a fine balance between inflammatory mediator dose and pulp tissue regeneration. When low dosages of pro-inflammatory cytokines are applied to pulp cells for short periods, up-regulation of odontoblastic markers is observed.<sup>31,32</sup> However, pulp cells exposed to these cytokines, or high concentrations thereof, for long periods can result in impaired odontoblastic marker expression as well as no mineralized matrix deposition.<sup>33–35</sup> Similarly, some studies have demonstrated that exposure of cultured cells to low concentrations of H<sub>2</sub>O<sub>2</sub> (0.1–0.3 mmol/l) increased the deposition of calcified nodules and induced the over-expression of proteins related to odontogenic differentiation,<sup>26,36</sup> which was related to heme oxygenase-1 (HO-1) over-expression.<sup>26</sup> The over-expression of HO-1 by odontoblasts was also observed in an in vivo study where pre-molars were subjected to a low-concentration bleaching gel (3.5% H<sub>2</sub>O<sub>2</sub>).<sup>37</sup> Additionally, Lee et al.<sup>29</sup> demonstrated that the peroxisome proliferator-activated receptor gamma (PPAR $\gamma$ ), a transcriptional factor belonging to the ligand-activated nuclear receptor superfamily, plays a role in the odontogenic differentiation capability of human dental pulp cells undergo oxidative stress mediated by H<sub>2</sub>O<sub>2</sub>. When pulp cells were treated with a toxic concentration of H<sub>2</sub>O<sub>2</sub>, intense cell death (around 60%) was observed associated to down-regulation of odontoblastic markers gene expression; however, PPAR $\gamma$  overexpressed cells survived more than 75% when exposed to the same condition and highly expressed odontoblastic differentiation markers. According to the authors, PPAR $\gamma$  promotes ROS removal by increasing the antioxidant system activity. Analysis of these data demonstrates that pulp cells have an inherent mechanism of cytoprotection against H<sub>2</sub>O<sub>2</sub>-induced cytotoxicity, which depends on the H<sub>2</sub>O<sub>2</sub> concentration applied to them. Therefore, further studies aimed to prevent or reduce the diffusion of H<sub>2</sub>O<sub>2</sub> in concentrations high

enough to interfere with pulp cell functions are needed. This scientific approach will certainly drive the development of further tooth-bleaching protocols capable of providing satisfactory aesthetic outcome without damage to the pulp-dentine complex.

## 5. Conclusions

It was concluded that toxic concentrations of H<sub>2</sub>O<sub>2</sub> cause intense oxidative stress to HDPCs, interfering with their phenotypic function relative to the odontoblastic differentiation ability.

## Conflict of interest

The authors have no conflict of interest.

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